

## 2022 NHN 5K Race Results

The 6th Annual Neighbors-Helping-Neighbors 5K Run/Walk, sponsored by Lisbon United Methodist Church, took place on Sat., Sept. 10<sup>th</sup>, with 20 runners and walkers taking to the streets of Lisbon Falls. Participants and sponsors contributing to the benefit event raised **\$2,307.36** to benefit Tedford Shelter's "Warm thy Neighbor" heating assistance program.

Special Thanks to the runners/walkers and top business sponsors: Lisbon Fuel Co., Lisbon Comm. FCU and Mac's Gourmet Popcorn, for helping to make this a successful event.

Congratulations to First Place overall, and Men's finisher, Glenn Selker, who finished in 19:56 minutes. Second and Third Places went to Steven Dubois (21:40) and John Carll (25:40). Women's First Place finisher, Emily Leshar (24:17), was followed by Andrea York (28:16) and Chelsea Carll (30:42). Student Finisher was Nora Schmidt (20:45). First Place walker was James Goss (49:09).

## Neighbors Helping Neighbors 5K Run/Walk Results

### Sept. 10, 2022

1. G. Selker (19:50) 1<sup>st</sup> Place Overall/Men
2. N. Schmidt (20:45) 1st Place Student
3. S. Dubois (21:56)
4. E. Leshar (24:17) 1<sup>st</sup> Place Women
5. J. Carll (25:40)
6. Lincoln Muir (26:49)
7. C. Picard (27:49)
8. A. York (28:16)
9. C. Carll (30:42)
10. R. Adele (44:04)
11. James Goss (49:09) 1st Place Walkers
12. R. Underwood (51:44)
13. E. Underwood (51:45)
14. G. Rioux (54:28) w/baby in carriage
15. B. Logan (54:29)
16. K. Barclay (54:30)
17. Bud Cherry (62:46) (oldest participant)
18. Dixie (62:49)
19. R. St. Pierre (62:50) (Dixie's "pacer")
20. H. White (67:21)