

Lisbon United Methodist Church

14 School Street, Lisbon Falls, Maine 04252

(207) 353-4982 www.LisbonUMChurch.org

Neighbors Helping Neighbors 5K

Participant Registration Form

(Printable)

Please send Registration Form and payment to **Lisbon United Methodist Church** OR email completed form to **neighborshelpingneighbors5k@yahoo.com** OR via the church website by **August 30, 2023** to receive a shirt at the check-in table. Payment - **\$25 per adult & \$15 per student** – children 10 & under = Free

** Walk-ons the day of the race are welcome! **

Registration: 7:30 a.m. - 8:15 a.m. Start Time: 8:30 a.m.

Contact Name: _____ E-mail: _____

Mailing Address: _____

Town: _____ State _____ Zip _____

Phone No. _____

T-Shirt Size (men's unisex size): S M L XL 2XL 3XL Youth: S M L

Please list the name(s) of participants and the tee shirt size needed for each:

Name	Tee shirt size	Race fee
_____	_____	\$ _____
_____	_____	\$ _____
_____	_____	\$ _____
_____	_____	\$ _____
_____	_____	\$ _____
_____	_____	\$ _____

TOTAL DUE \$ _____ CHECK Cash Online

Each participant or parent of participating minors must sign a waiver of liability at check-in. This is a timed event. Results will be posted at the race finish area and on the church website.

Thank you for supporting our mission to help local neighbors who need assistance.