## THE SACRAMENT OF HOLY COMMUNION

Leader: The Lord be with you.

PEOPLE: And also with you.

Leader: Lift up your hearts.

**PEOPLE:** We lift them up to the Lord.

Leader: Let us give thanks to the Lord our God.

PEOPLE: It is right to give our thanks and praise.

Leader: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Lord God Almighty, creator of heaven and earth. In love you made us for yourself; and when we had fallen into sin and become subject to evil and death, your love remained steadfast. You bid your faithful people cleanse their hearts and prepare with joy for the Easter feast, that, renewed by your Word and Sacrament and fervent in prayer and works of justice and mercy, we may come to the fullness of grace that you have prepared for those who love you.

And so, with all your people on earth and all the company of heaven who have gone before us, we praise your name and join their unending hymn:

Holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Leader: Holy are you and blessed is your Son, Jesus Christ, whom you sent in the fullness of time to redeem the world. He emptied himself, taking the form of a servant, being born in our likeness. He humbled himself and became obedient unto death, even death on a cross. He took upon himself our sin and death and offered himself, a perfect sacrifice for the sin of the whole world.

By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and



death, and made with us a new covenant by water and the Spirit.

On that night before his death, Jesus took bread, gave thanks to you, broke the bread, gave it to the disciples, and said, "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over, Jesus took the cup, gave thanks to you, gave it to the disciples, and said, "Drink from this, all of you; this is my life in the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts of love and grace, we offer ourselves in praise and thanksgiving, as children of your covenant, in union with Christ's love for us, as we proclaim the mystery of faith.

## Christ has died. Christ is risen. Christ will come again.

As we partake of this bread and juice, we pray that you would create within us clean hearts, O God, and renew a right spirit in each of us and in our church. In the power of your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory, and we feast at his heavenly banquet.

Through your Son, Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory is yours, almighty God, now and forever. **Amen.** 

## **Receiving the Elements of Holy Communion**

PRAYER AFTER RECEIVING: Eternal God, we give you thanks for this holy mystery in which you have given yourself to us. Grant that we may go into the world in this Lenten season in the strength of your Spirit, continuing to be cultivated and nurtured in your divine love. In the name of Jesus Christ, our grace-filled Lord and Savior. Amen.